



ORACLE CARDS

FOR BEGINNERS



TRUST YOUR DEEPEST INSTINCTS

LET YOUR INTUITION GUIDE YOU

SACRED SURROGACY
COURSE & WORKBOOK

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GUIDED MEDITATION

Gently allow your eyes to close.

Take a deep breath in and as you exhale, feel the support beneath you.

Allow yourself to surrender to the here and now. Hear the sounds inside the room. Allow them to be there.

Take a nice deep breath in. Allow your breath to fill your lungs and deep into your belly, then slowly exhale.

Repeat this a few times at your own pace.

Focusing only on your breath, allow your hands to rest comfortably on your lap with the palms facing up.

Feel the energy in your palms.

Feel the energy flow through your fingertips.

Take your cards in your hands and hold them in a prayer position at heart center.

Feel the energy swirl around your hands, your cards and your heart. Pay attention to what colour you see in your mind's eye.

Allow the colour **pink** to appear in your mind's eye.

The colour of love.

Feel that colour. See that colour swirl around you, around your heart and through your cards.

Take a moment think about the ways you would like to use your cards.

What work are you willing to do to allow yourself to receive this guidance from your cards and intuition?

Now bring your hands and your cards up to your third eye, pressing your index fingers together while in a prayer position.

Apply slight pressure on your third eye, taking in slow and steady breaths here.

Take a moment and think of your intentions.

What are your intentions for the day?

What are your intentions for being in this class today?

How are you willing to help by offering your cards as guidance?

What do you wish to take from this class today?

Allow the thoughts to come up in your mind's eye.

Now slide your hands and cards down to your belly, the place of your third chakra, put one hand over top of the other.

Allow the energy from your hands and your cards to flow through your third chakra, your solar plexus, the chakra of **willpower**.

Once again in your mind's eye, repeat your intentions. Taking a deep breath in and slowly releasing.

When you are ready, open your eyes and come back to the room.



TAROT vs ORACLE

Tarot cards and Oracle cards are similar because they can both be used as a tool to interpret and understand divine guidance.

However, the two types of card decks have distinct differences that make each one unique in its own way.

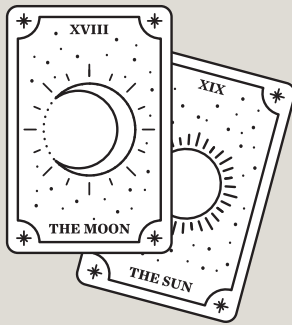


Fig. 2.1 Example of major arcana cards of a tarot deck.

TAROT CARDS

Tarot cards have a specific structure that consists of 78 cards which are divided into 22 major arcana cards and 56 minor arcana cards. Tarot cards are made up of suits, similar to a regular deck of cards, each with its own meaning. Card readings with a Tarot deck can get extensive.

ORACLE CARDS

Oracle cards on the other hand don't have any specific rules. Many Oracle decks loosely follow the Tarot structure, but not all of them. The best part about Oracle cards is that they come in many different styles so you can choose a style that appeals to you. This helps you feel more connected to your deck and more creatively inspired when reading the cards. Generally speaking, Oracle decks fall into one of two categories:

CHARACTER-BASED

These decks are great for getting answers regarding the energies and intentions of the people in your life, as well as yourself. These are particularly helpful if you are looking for answers to love and relationship questions. Character-based decks have cards that feature people, personalities, animals, spirit guides, gods and goddesses or other 'characters'.

TOPICAL-BASED

These decks have cards that offer a variety of quotes, phrases, guidance, adjectives or affirmations. Topical decks are designed and illustrated according to the style of the deck. They are excellent for getting more information about a situation or how to move forward.



Fig. 2.2 Example of character-based oracle cards.



Fig. 2.3 Example of topical-based oracle cards.





GET READY TO USE YOUR CARDS

The most important aspect of your oracle deck is the energy of the cards. Your cards are sensitive and absorb energy from everything and everyone that touches them. After buying your deck, the cards need to be cleared of the energy they have absorbed from the manufacturing and shipping process. In addition, the cards need to be cleared of the energy from the person who last used your cards.

PREPARE YOUR CARDS

It's important to introduce your energy to each card. Go through the deck, one card at a time. Hold and look at each card. Take a moment to resonate and connect to the beauty and meaning of the card. After looking at each card, fan the cards with the artwork facing you. Hold the fanned cards to your heart and think about any prayers or intentions you'd like to bestow upon them. Your cards are sensitive to your energy and your desires for them. If you have sage, you can swirl sage smoke around the cards to clear them as well.

After clearing and connecting to your deck, it's important to keep them with you for 21 days. Keeping your cards with you for 21 days will help your cards resonate with your energy field.

CHOOSING YOUR CARD

Think of your question as you shuffle the cards. If one or more cards 'jump' out of the deck while you're shuffling, place them to the side. They'll be part of your reading as well. Once you stop shuffling, pull any card from the deck. The card you draw is always the right one. Every card is positive so don't worry about choosing the wrong card.

Oracle cards can give you the perfect answer with just one card for each question you ask. In a situation where you are comparing possibilities, you would pull one card for each option. After pulling a single card, if you decide that you would like more information, you can ask your angels or guides for more detail, shuffle and pull another card.

INTERPRET YOUR CARD

You can read the guide book that came with your deck of cards, however I recommend you use your intuition. The guidebook will provide an extended explanation of the meaning of each card. As you read the words, notice any thoughts or feelings that come to you, as they are the interpretation of the card. Heaven will give you answers and help pertaining to every part of your life.



THREE CARD SPREAD

FIRST
CARD

MIND

PAST

BACKGROUND

SECOND
CARD

BODY

PRESENT

PROBLEM

THIRD
CARD

SPIRIT

FUTURE

ADVICE

